

OCTOBER  
20<sup>TH</sup>-24<sup>TH</sup>

# SODA CITY BISTRO

BREAKFAST HOURS | MONDAY - FRIDAY | 7:00 AM - 10:00 AM

LUNCH HOURS | MONDAY - FRIDAY | 11:00 AM - 1:30 PM

## Baker's Highlight:

Pumpkin Rolls

Enjoy in the Café or  
with PREPPEd Take  
Home Meals



Scan me for Online Ordering!

Before placing your order, please inform your server if a person in your party has a food allergy.

Not Made with Gluten Vegetarian Vegan BeWell

|                                | M                                                                                                                                                                               | T<br>Monthly Giveaway                                                                                                                                                                         | W<br>Chili Showdown                                                                                                                                                        | TH<br>Chef Tasting Table                                                                                                                                                     | F                                                                                                                                                                                             |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BEWELL<br>BREAKFAST            | Greek Style Omelet<br>\$5.50<br>                                                                                                                                                | Chocolate Chip Banana Oat Bar<br>\$5.50<br>                                                                                                                                                   | Mocha Smoothie Bowl<br>\$5.50<br>                                                                                                                                          | Roasted Blueberry & Almond Toast<br>\$5.50<br>                                                                                                                               | Strawberry Chia Seed Pudding<br>\$5.50<br>                                                                                                                                                    |
| BEWELL<br>EXHIBITION           | Thai Chicken & Farro Stir-Fry<br>\$7.50<br>                                                                                                                                     | Vindaloo Pork Loin w/ Curry Vegetables<br>\$7.50<br>                                                                                                                                          | Tofu Suugo Suqaar w/ Whole Grain Pasta<br>\$7.50<br>                                                                                                                       | Roasted Teriyaki Pork Loin w/ Brown Rice<br>\$7.50<br>                                                                                                                       | Pineapple Tofu Fried Rice<br>\$7.50<br>                                                                                                                                                       |
| BEWELL DELI                    | Turkey, Swiss & Blueberry Sandwich<br>\$7.25<br>                                                                                                                                | Turkey Guacamole Melt<br>\$7.25<br>                                                                                                                                                           | Avocado Chickpea Lettuce Wrap<br>\$7.25<br>                                                                                                                                | Chicken Salad Sandwich w/ Lettuce & Tomato<br>\$7.25<br>                                                                                                                     | Tuna Avocado Salad Lettuce Wrap<br>\$7.25<br>                                                                                                                                                 |
| DELI<br>Served with a side     | Salmon Caesar Wrap<br>\$7.44                                                                                                                                                    | Turkey Pesto Wrap<br>\$7.44                                                                                                                                                                   | Banh Mi Grilled Chicken Sandwich<br>\$7.44                                                                                                                                 | Santa Fe Steak Sandwich<br>\$7.44                                                                                                                                            | Chicken Caesar Salad Wrap<br>\$7.44                                                                                                                                                           |
| GRILL<br>Served with a side    | Tex Mex Turkey Burger<br>\$7.44                                                                                                                                                 | Chicken Bacon Ranch Quesadilla<br>\$7.44<br>                                                                                                                                                  | Caprese Grilled Cheese<br>\$7.44<br>                                                                                                                                       | Tuna Melt on Sourdough<br>\$7.44                                                                                                                                             | Fish Tacos<br>\$7.44                                                                                                                                                                          |
| BYO                            |                                                                                                                                                                                 | BYO Loaded Baked Potato<br>\$9.44                                                                                                                                                             | Chili Showdown<br>\$8.99                                                                                                                                                   | BYO Caesar Salad<br>\$8.44                                                                                                                                                   |                                                                                                                                                                                               |
| CHEF'S HOT BAR<br>\$0.57/ounce | <b>Taste of the Islands</b><br>Caribbean Jerk Chicken Thighs<br>Jerk Tofu Confetti Rice<br>Oven Roasted Sweet Potatoes<br>Roasted Pineapple Salsa<br>Coco Bread<br>Coconut Cake | <b>Nordic Comfort</b><br>Swedish Meatballs<br>Vegetarian White Bean Balls<br>Parmesan Garlic Noodles<br>Lemon & Dill Brussel Sprouts<br>Cucumber, Onion & Tomato Salad<br>Garlic Dinner Rolls | <b>Mediterranean Harvest</b><br>Chicken Pesto Thighs<br>Eggplant Ratatouille<br>Grilled Yellow Squash<br>Rosemary Potatoes<br>Caprese Salad<br>Rosemary Garlic Breadsticks | <b>A Taste of NOLA</b><br>Cajun Shrimp Etouffee<br>Red Beans & Sausage<br>Smoked Gouda Cheese Grits<br>Sautéed Collard Greens<br>Buttered Kernel Corn<br>Jalapeños Cornbread | <b>Golden Hour Brunch</b><br>Pancake Bake w/ Powdered Sugar<br>Maple Syrup<br>Maple Bacon Bits<br>Blueberry Rosemary Compote<br>Quiche Lorraine<br>Sweet Potato Hash<br>Honey Butter Biscuits |