

JULY 28TH
—
AUGUST 1ST

SODA CITY BISTRO

BREAKFAST HOURS | MONDAY – FRIDAY | 7:00 AM – 10:00 AM

LUNCH HOURS | MONDAY – FRIDAY | 11:00 AM – 1:30 PM



Scan me for Online Ordering!

Not Made with Gluten Vegetarian Vegan BeWell

Before placing your order, please inform your server if a person in your party has a food allergy.

	M	T Chicken Wing Day	W	TH BYO Tex Mex Salad	F
BEWELL BREAKFAST	Apple Goat Cheese Almond Toast \$5.50 	Strawberry Banana Chia Smoothie Bowl \$5.50 	Spring Vegetable Muffin Cup w/ Coulis \$5.50 	Spiced Tomato Shakshuka w/ Chickpeas \$5.50 	Pear & Crumble Oatmeal \$5.50
BEWELL EXHIBITION	Spring Onion & Wild Mushroom Tacos <i>Two Corn Tortillas filled with Fresh Brussels Sprouts, Mushrooms, Refried Beans and Kale</i> <i>Seasoned with Lime Juice, Spices, Mushrooms and Onions</i> \$7.50 	Tofu Suugo Suqaar w/ Whole Grain Pasta <i>Grilled Panko-crusted Tofu in Suugo Suqaar Sauce</i> <i>Served over Whole Grain Spaghetti and garnished with Fresh Cilantro</i> \$7.50 	Roasted Teriyaki Pork Loin w/ Brown Rice <i>Tender Boneless Pork Loin marinated in a Sweet Pineapple Teriyaki glaze</i> <i>Served over a warm bed of Brown Rice</i> \$7.50 	Charred Tomato & Beef Burrito Bowl <i>Seasoned Beef Strips topped with Charred Tomato Salsa, Cumin Black Beans, Fresh Guacamole and Cheddar Cheese over Brown Rice</i> \$7.50 	Sweet & Sour Chicken Stir Fry <i>Sauteed to order with Sweet and Sour Chicken, Bean Sprouts, Carrots, Cilantro, and Green Onions</i> <i>Served over Brown Rice</i> \$7.50
BEWELL DELI	Curried Chicken Sandwich \$7.25 	Chicken Apple Gyro \$7.25 	Blackened Chicken Caesar Wrap \$7.25 	Tuna Avocado Salad Lettuce Wrap \$7.25 	Chicken Salad Sandwich w/ Lettuce & Tomato \$7.25
DELI <small>Served with a side</small>	Tuscan Roast Beef Panini \$7.44	Banh Mi Grilled Chicken Sandwich \$7.44	BLT on Ciabatta \$7.44	Caribbean Chicken Wrap \$7.44	Chicken Club Wrap \$7.44
GRILL <small>Served with a side</small>	Cheeseburger Quesadilla \$7.44	Guacamole Crunch Burger \$7.44	Korean Fried Chicken Sliders \$7.44	Mushroom Swiss Club Burger \$7.44	Hawaiian Burger \$7.44
CHEF'S HOT BAR \$0.57/ounce	Plant Powered Wok Asian Marinaded Tofu Egg Fried Rice Stir Fry Vegetables Grilled Baby Bok Choy & Mushrooms Vegetable Egg Roll	Taste of Morocco <i>Moroccan Chicken w/ Chermoula & Vegetable Stew</i> <i>Couscous</i> <i>Baked Eggplant</i> <i>Harissa Sauce</i> <i>Middle Eastern Vegetable Salad</i> <i>Grilled Flatbread</i>	Lowcountry Table <i>Honey Glazed Ham</i> <i>Corn Pudding</i> <i>Roasted Green Beans</i> <i>Garlic Root Roasted Vegetables</i> <i>Buttermilk Biscuit</i>	Modern Diner <i>Hamburger Steak w/ Peppers & Onion</i> <i>Brown Gravy</i> <i>Parmesan Potatoes</i> <i>Roasted Broccoli</i> <i>White Rice w/ Green Peas</i> <i>Dinner Rolls</i>	From the Shoreline <i>Baked Stuffed Flounder</i> <i>Mushroom Rice Pilaf</i> <i>Garlic Green Beans</i> <i>Fennel Slaw</i> <i>Dinner Rolls</i>