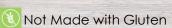
JULY 21ST-25TH

SODA CITY BISTRO

BREAKFAST HOURS | MONDAY - FRIDAY | 7:00 AM - 10:00AM

LUNCH HOURS | MONDAY - FRIDAY | 11:00AM - 1:30PM











Before placing your order, please inform your server if a person in your party has a food allergy.

	- Before placing	your order, please illioiti	i your server if a person if	ii yooi paily ilas a lood a	niergy.
	M	T	W BeWell Tasting Table	TH BYO Southern Sliders	F
BEWELL BREAKFAST	Buckwheat Pancakes w/ Raspberry Sauce \$5.50	Roasted Blueberry & Almond Toast \$5.50	Egg White & Tomato English Muffin \$5.50	Blueberry Banana Nut Oatmeal \$5.50	Egg & Potato Breakfast Wrap \$5.50
BEWELL EXHIBITION	Apple Sesame Chicken Stir Fry Sautéed to order seasoned Chicken with Apples, Mushrooms, Celery and Broccoli over Brown Rice topped with Sesame Seeds \$7.50	Chicken Cacciatore Roasted Chicken simmered in a Rich Tomato Sauce with Cremini Mushrooms, Sweet Red Onions, and Fresh Herbs Served Over Whole Grain Penne and Finished with Basil and Capers \$7.50	Avocado Smash Bowl Includes Lettuce, Fresh Avocado, Onions, Roasted and Cherry Tomatoes Topped with a Lemon Dill Vinaigrette, Cilantro, Feta and a Fried Egg \$7.50	Black & Bleu Salad Grilled Steak layered with Roasted Tomatoes, Sautéed Mushrooms, Caramelized Red Onions, and Blue Cheese Crumbles over Crisp Romaine Drizzled with a Rich Balsamic Vinaigrette \$7.50	Maple Glazed Salmon Served with Roasted Dill Carrots and Potatoes \$7.50
BEWELL DELI	Chicken Lime Wrap \$ 7.25	Turkey Guacamole Melt \$7.25	Avocado Chickpea Lettuce Wrap \$7.25	Turkey, Swiss & Blueberry Sandwich \$7.25	Farmer's Hummus Wrap \$7.25
DELI Served with a side	Taco Salad Wrap \$7.44	Tuna Pita Pocket w/ Capers \$7.44	Grilled Brie & Raspberry on Sourdough \$7.44	Santa Fe Steak Sandwich \$7.44	Andouille Roast Red Pepper Sub \$7.44
GRILL Served with a side	Meatball Sub \$7.44	Tex Mex Turkey Burger \$7.44	Mushroom & Spinach Quesadilla \$7.44	Shrimp Po' Boy \$7.44	Tuna Melt on Sourdough \$7.44
AR 0	Aegean Eats	Hearty Harvest	Southern Classics	Meatloaf Madness	Stock Bot Classics

CHEF'S HOT BAR \$0.57/ounce

Grilled Lemon Pepper Chicken Lentil, Rice & Spinach Pilaf Lemon Roasted Asparagus Tzatziki Sauce Grilled Pita Bread

Chicken Pot Pie Pasta Italian Cucumber Salad Roasted Balsamic Zucchini Garlic Root Roasted Vegetables

Rosemary Garlic

Breadsticks

Chicken & Dumplings Balsamic Brussels **Sprouts** Lyonnaise Potatoes Autumn Salad w/ Apple Cider Vinaigrette Cornbread

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Beef & Turkey Meatloaf Vegetarian Meatloaf Quinoa w/Roasted Vegetables Parmesan Potatoes

Dinner Rolls

Stock Pot Classics

Beef Stroganoff Egg Noodles Garlic Mashed Potatoes **Glazed Carrots** Dinner Rolls